

Rain or Shine: Trusting God in every season

Resilience is getting back up when something gets you down.



MEMORY VERSE

Be strong, all you who put
your hope in the LORD.
Never give up.
Psalm 31:24, NIV

Talk About the Bible Story

Open the Bible together and read James 1:19 or watch the video together on the Parent Cue app.

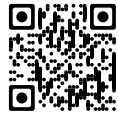
Engagement Questions

- What makes you feel angry?
- **What do you do when you feel angry?**
- Why is it sometimes challenging to be slow to anger?

Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code
to get started



Prayer

“Dear God, thank You that You help calm even our biggest emotions. Help us to be quick to listen, slow to speak, and slow to get angry. Remind us to talk to You when we’re feeling angry, and use the tools You’ve given us to slow down. We love You, and we pray these things in Jesus’ name. Amen.”

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Weekly Parent Cues →

# Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



## Morning Time

As your kid starts their day, tell them about something they said to you or someone else that was meaningful.



## Meal Time

At a meal this week, have everyone at the table answer this question: “What do you do when you feel angry?”



## Drive Time

While on the go, ask your kid: “Who is someone who makes you feel better when you’re angry?”



## Bed Time

Pray for each other: “God, help us to talk to You first when we’re angry. You want us to talk to You about anything—even about the things that make us mad.”

**More Ways to Engage with Your Kid**

**Faith & Character Activities**



**Worship Song of the Month**



**Download the Parent Cue app**

AVAILABLE FOR APPLE AND ANDROID DEVICES

